

Study of Mental Illness in Rat Model of Sodium Azide Induced Oxidative Stress

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Abstract: *Aim:* Oxidative stress is known as Reactive oxygen species (ROS) accumulation that is caused by reactive ROS and antioxidants imbalance that could be due to decreased antioxidant levels. Oxidative stress is often related to aging, Oxygen metabolism and redox imbalance in cells and tissues. It is a cellular state in which oxidants levels e.g. superoxide (O_2^-), hydrogen peroxide (H_2O_2) or nitric oxide (NO) in biological metabolisms exceed the oxidants scavenging capacity of cells. Oxidative stress in brain leads to depression, anxiety, memory impairment and behavioral deficits associated with them.

Method: 24 male albino wistar rats were allocated into test and controls groups administered with sodium azide (5 mg/kg bodyweight) (i.p.) and water (p.o.) respectively for 14 days. Behaviors were monitored weekly after 24 hours of sodium azide administration in light/dark box, elevated plus maze, Open field and Morris water maze.

Results: Test animals that were administered with sodium azide significantly decreased entries and time spent in illuminated area of light dark box and elevated plus maze while increased latency and fewer square crossed were observed with decreased learning acquisition and memory retention.

Conclusion: All the data collected and results analysis determine oxidative stress could cause mood disorders learning disabilities. Sodium azide induced oxidative stress produce behavioral deficits and memory impairment validated it as a neurotoxin.

Keywords: Oxidative Stress, Behavioral Deficits, Memory Impairment, Anxiety, Sodium Azide.

INTRODUCTION

Oxidative stress is the accumulation of Reactive oxygen species (ROS) species which is caused by imbalance in ROS and antioxidants due to reduced antioxidants level. Often oxidative stress is connected to aging [1], oxygen metabolism in biological systems [2], physiology of mitochondria [3], and redox imbalance study in cells [4]. Oxidative stress is a redox imbalance in redox couples found in cells or in various cellular sub-components [5]. Whereas, rapid or chronic enhancement in ROS steady state concentration induces oxidative stress distressing metabolism and regulation of cells and destructing cellular components [6]. Among all, brain is more susceptible to oxidative stress to due to increased redox active copper and iron levels. Antioxidants play a fundamental role in reducing ROS via enzymes that are catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GP) and reductase (GR) and in repairing of damaged tissues.

Gingrich in 2005 suggested that oxidative stress is the novel sort of stress which relates the rational association between psychological stresses with

increased levels of physiological oxidative destruction [7-10]. ROS species are generated as intermediates when oxygen is reduced to water [11] including superoxide (O_2^-), hydrogen peroxide (H_2O_2) and hydroxyl (OH^-) radicals. Oxidative stress is produced due to overproduction of ROS species or inefficient antioxidant protective mechanisms against pro oxidants [12, 13]. ROS species may have harmful effects [13] which affect the sustainability of DNA via mutations or modifications of genes expressions [14]. Oxidative stress is a cellular state where oxidants levels (hydrogen peroxide ($H_2O_2^-$), superoxide (O_2^-) or nitric oxide (NO) released in biological metabolisms exceeds the cell's capability of scavenging oxidants resulting in aberrant cellular molecules (DNA, proteins, lipids) and functions [15] which leads to apoptosis or lethality [16-18].

Sodium azide is a crystalline and colorless powder [19]. NaN_3 decomposes upon heating producing toxic fumes [20]. Studies using tissue homogenates and animal models revealed complete metabolism of azide predominantly in liver [21] producing toxic metabolite nitrogen oxide [22]. NaN_3 is an acute neurotoxic substance [23,24]. Cellular toxicity of sodium azide has been validated by various experimental studies that have described its mechanisms as a neuronal toxin [25]. NaN_3 partially inhibits the respiratory chain in

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mitochondria that yields free radicals, moderates metabolism of energy aerobically and induces excitotoxic damages that lead to neurodegenerative diseases [26]. Systemic or local administration of NaN₃ induces the production of excitotoxins due to destruction of mitochondrial energy machinery which results in neuronal cell damage [27]. Sodium azide induced metabolic and cellular destructions is also interconnected with synaptic denervation, cellular damages and behavioral deficits in various diseases [28, 29].

Present experimental study was designed to determine the neurotoxic properties of NaN₃ induced behavioral deficits in rat model of oxidative stress in various behavioral paradigms.

MATERIAL AND METHODS

Subjects

All experimental animals were tested according to the institutional ethics and care committee guidelines. 24 Albino wistar adult male rats weighing between (120-180 gm) were obtained from Dow University of health and sciences, Karachi and had been randomly divided into two groups. All animals were housed in separately in cages and were given commercially available rat diet and water under standardized conditions (ambient 25 ± 2 °C temperatures and light/dark cycle of 12/12 h).

Drugs

Sodium azide (NaN₃) was obtained from Sigma Aldrich chemicals, USA. NaN₃ (5 mg/Kg BW) was administered intraperitoneally whereas; water as control was delivered orally using a stainless steel oral gavage daily. NaN₃ were prepared in distilled water at 1:1 w/v ratio.

Experimental Procedure

24 male rats were distributed randomly into two groups each that receive the following: water orally as a control group and a single dose of Sodium azide intraperitoneally (i.p.) 5 mg/Kg BW (test group) daily for 14 days. All behaviors were recorded 24 hours post drug administration.

Behavioral Testing

Light Dark Box Test

Light dark transition test is renowned for analyzing anxiety in rodents. The test is centered on rodent's

inborn aversive behavior to bright places and exploration in response to drugs or stresses [30]. Light/Dark box consists of two chambers of equal size made up of transparent and black opaque Plexiglas (20 x 30 x 30 cm). The partition is dividing the compartment has a 10 x 10 cm door in the middle of wall through which rat can move from one chamber to another. Single animal was positioned in the mid of bright chamber fronting towards opposite side from the middle wall opening. Behaviors measured were entries and time spent in light box for 05 minutes.

Elevated Plus Maze

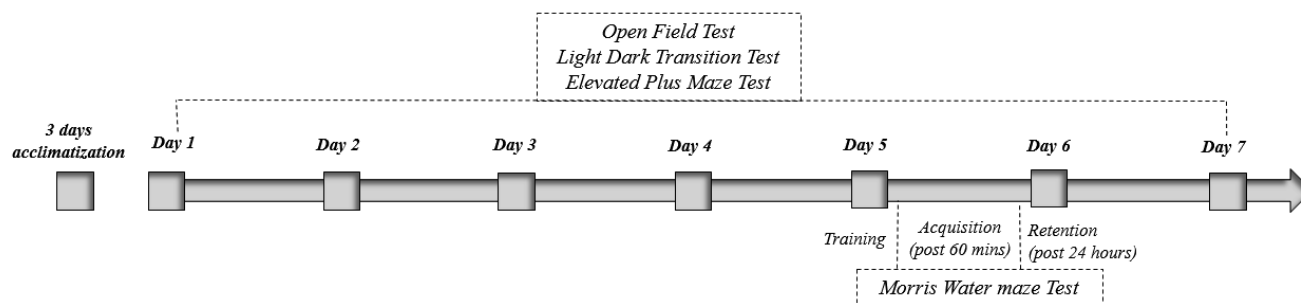
Elevated plus maze (EPM) has been commonly endorsed to perceive anxiety in rats [31]. The maze consists of plus shaped four arms in which two arms are open (50 x 10 cm) and two closed arms (50 x 20 cm) with 15 cm elevated opaque walls. Open arms edges were 25cm high to avoid fall of rat. The maze was 100 cm higher above the floor. Each rat was positioned at the middle of plus shaped maze facing closed arm. Time spent and numbers of entries in open arms were observed in 5 minutes test period.

Open Field Activity

Open Field has been used most commonly as an assessment of behavior in animal [32]. Open Field test is an uncomplicated and simple assessment of behaviors that does not require training to animals. The aversive behavior of rodents to bright, open and unfamiliar environment incorporates in various experimental testing in open field test [33]. The apparatus consisted of 76 x 76 cm square area with 42 cm high opaque plastic walls. The base was open field is divided into 25 equal quadrangles. Rat was located in the middle box of arena and exploration, anxiety and ambulation was observed in 5 minutes examination.

Morris Water Test

Water Maze was designed to observe spatial memory and learning. Primarily two axes bisect each other perpendicularly creating an imagined '+' sign that are labeled as North, East, South and West with N, E, S and W symbols respectively. The apparatus used was stainless steel circular tank with the measurement of 37cm height, 45cm diameter and 12cm depth. The goal or platform was stainless steel cylindrical with diameter of 10 cm and immersed 2 cm below the surface. Water inside the tank was maintained with the temperature of 23± 2°C and powdered milk was added in order to hide the goal for flawless rats tracking of the platform. The test was consisted of two phase i.e. test



phase and training phase. Animal was given 120 sec in both phases to discover the platform whereas; Experiments were designed to assess long term and short term memory.

Statistical Analysis

All obtained data were considered as two ways ANOVA repeated measure designs SPSS version 20, followed by tukey's post hoc tests. The results are described as mean \pm SEM. Significance was considered as p value < 0.05.

RESULTS

Effects of Sodium Azide (NaN₃) Induced Oxidative Stress on Anxiety Assessed by Light/Dark Transition Test

Figure 1a explains the sodium azide induced oxidative stress anxiogenic effects by numbers of entries in light compartment of light dark transition box. All results were analyzed by two ways ANOVA. Statistical analysis determined the significant effects of days ($F(2, 22) = 36.680, p < 0.05$), drug treatment ($F(1, 22) = 299.839, p < 0.05$), and days x drug treatment ($F(2, 22) = 15.541, p < 0.10$). Post-hoc analysis determined that sodium azide after 1st, 7th and 14th ($p < 0.01$) administration decreased entries in light compartment significantly when compared to water controls on the same day. Whereas, when both controls and sodium azide (tests) were compared to their first administration, entries in light box decreased significantly after 7th ($p < 0.01$) in controls and after 7th, 14th ($p < 0.01$) in sodium azide treated tests animals.

Figure 1b reveals the anxiogenic effects of sodium azide induced oxidative stress by time spent in light box of light dark test. The results were analyzed by two way ANOVA that demonstrated the effects of days ($F(2, 22) = 193.229, p < 0.01$), drug treatment ($F(1, 22) = 972.234, p < 0.05$), and days x drug treatment interactions ($F(2, 22) = 120.018, p < 0.1$) were

significant. Post-hoc analysis by Tukey's test explained that on the same day sodium azide decreased entries in light compartment significantly after 1st, 7th and 14th ($p < 0.01$) administration when compared to water controls. Entries in light box decreased significantly after 14th ($p < 0.05$) in controls and after 7th, 14th ($p < 0.01$) in sodium azide treated tests animals when both controls and sodium azide were compared to their first administration.

Effects of Sodium Azide (NaN₃) Induced Oxidative Stress on Anxiety and Stress Assessed by Elevated Plus Maze

The results of sodium azide induced oxidative stress on number entries in open arms of elevated plus maze are explained in Figure 2a. All results were analyzed by two way ANOVA that demonstrated the effects of days ($F(2, 22) = 10.262, p < 0.10$), drug treatment ($F(1, 22) = 131.343, p < 0.10$), and days x drug treatment ($F(2, 22) = 4.946, p < 0.25$) were significant. Post hoc analysis by tukey's test explained that on the same day sodium azide decreased entries in open arms of elevated plus maze significantly after 1st, 7th and 14th ($p < 0.01$) administration when compared from water controls. Whereas, decreased numbers of entries in open arms significantly after 7th, 14th ($p < 0.01$) in water administrated controls as compared to their first administration.

Figure 2b explains the effects of sodium azide induced oxidative stress on open arms time spent of elevated plus maze. The data were analyzed by two way ANOVA repeated measures design that explained the effects of days ($F(2, 22) = 11.688, p < 0.10$), drug treatment ($F(1, 22) = 745.005, p < 0.05$), and days x drug treatment ($F(2, 22) = 68.456, p < 0.05$) were significant. Post-hoc analysis determined that on the same day sodium azide significantly decreased time spent in open arms of elevated plus maze after 1st, 7th and 14th ($p < 0.01$) administration when compared from water controls. Whereas, open arms time spent increased significantly after 7th and 14th ($p < 0.01$)

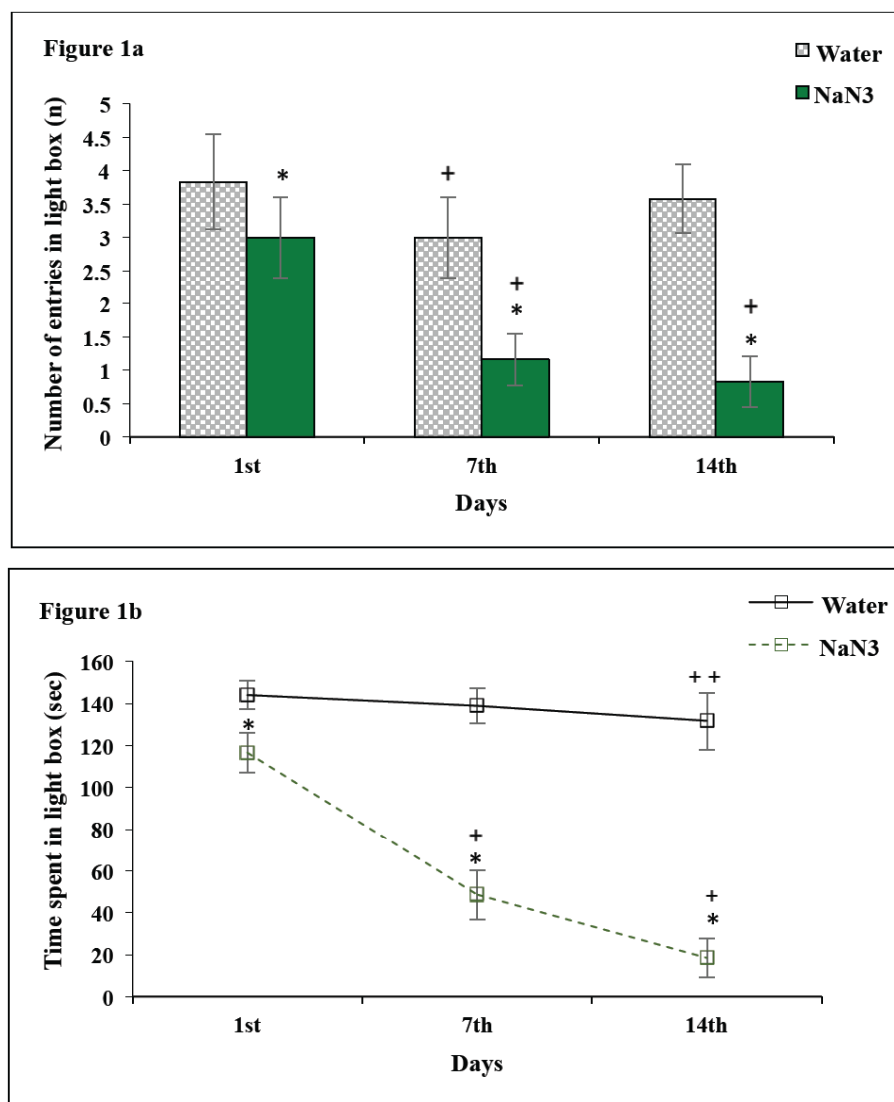


Figure 1: Effects of Sodium Azide (NaN₃) induced oxidative stress on anxiety assessed by Light/Dark transition test.

Values are means \pm SD (n=12) as administered post 24 hours of NaN₃ treatment. Significant differences by Newman-Keul's test: groups that differ significantly from respective water controls *p<0.01; + p<0.01 from similar drug administered groups that significantly differ from 1st administration following two way ANOVA (repeated measure design).

water administration in controls and decreased after 7th and 14th (p<0.01) administration of sodium azide as compared to their first administration respectively.

Effects of Sodium Azide (NaN₃) Induced Oxidative Stress on Locomotion and Anxiety Assessed in Open Field

The effects of oxidative stress on latency to move in open field box are explained by Figure 3a. All results were determined by two way ANOVA that explained the significant effects of days (F (2, 22) = 22.461, p<0.05), drug treatment (F (1, 22) = 390.928, p<0.05), and days x drug treatment (F (2, 22) = 52.106, p<0.05). Tukey's test Post-hoc analysis explained that on the same day sodium azide increased latency to move in open field arena significantly after 7th and 14th (p<0.01)

administration when compared from water controls. Whereas, latency decreased significantly after 14th (p<0.01) in water controls and increased after 7th and 14th (p<0.01) administration of sodium azide when compared with their first administration.

Figure 3b explains the effects of sodium azide induced oxidative stress by numbers of square crossed. The results were analyzed by two way ANOVA which described the effects of days (F (2, 22) = 43.938, p<0.05), drug treatment (F (1, 22) = 1415.118, p<0.05), and days x drug treatment interaction (F (2, 22) = 37.853, p<0.05) were significant. Post hoc analysis determined that sodium azide after 1st, 7th and 14th (p<0.01) administration significantly decreased number of square crossed on the same day

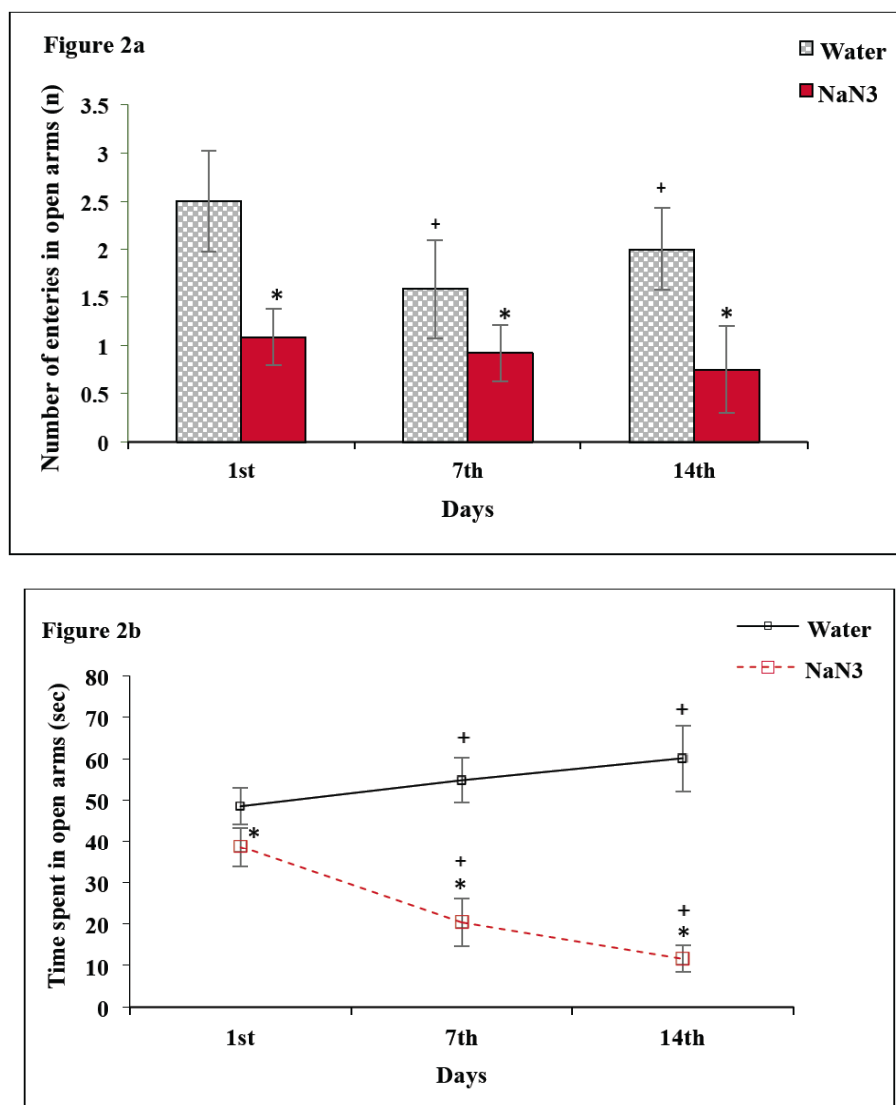


Figure 2: Effects of Sodium Azide (NaN₃) induced oxidative stress on Anxiety and stress assessed by Elevated Plus Maze.

Values are means \pm SD (n=12) as administered post 24 hours of NaN₃ treatment. Significant differences by Newman-Keul's test: groups that differ significantly from respective water controls *p<0.01; + p<0.01 from similar drug administered groups that significantly differ from 1st administration following two way ANOVA (repeated measure design).

comparison with water controls. Whereas, number of square crossed decreased after 7th (p<0.01) in controls and after 7th, 14th (p<0.01) in sodium azide treated tests animals significantly when both controls and sodium azide (tests) were compared to their first administration.

Effects of Sodium Azide (NaN₃) Induced Oxidative Stress on Memory and Learning Assessed by Morris Water Maze

Figure 4 determines the effects of sodium azide induced oxidative stress on memory and learning in Morris water maze. All data were analyzed by two way ANOVA that demonstrated the effects of sessions (F (2, 22) = 314.765, p<0.01), drug treatment (F (1, 22) =

599.560, p<0.05), and interaction between sessions and drug treatment (F (2, 22) = 110.351, p<0.01) were significant. Post-hoc analysis by Tukey's test explained that acquisition (p<0.01) and retention (p<0.01) decreased significantly after sodium azide administration when compared from water controls. Whereas, significantly increased acquisition (p<0.01) and retention (p<0.01) in water controls and sodium azide test animals when compared with their first administration respectively.

DISCUSSION

Present study was designed to describe the effects of behaviors caused by brain oxidative stress which was induced by sodium azide at the selected dose of 5

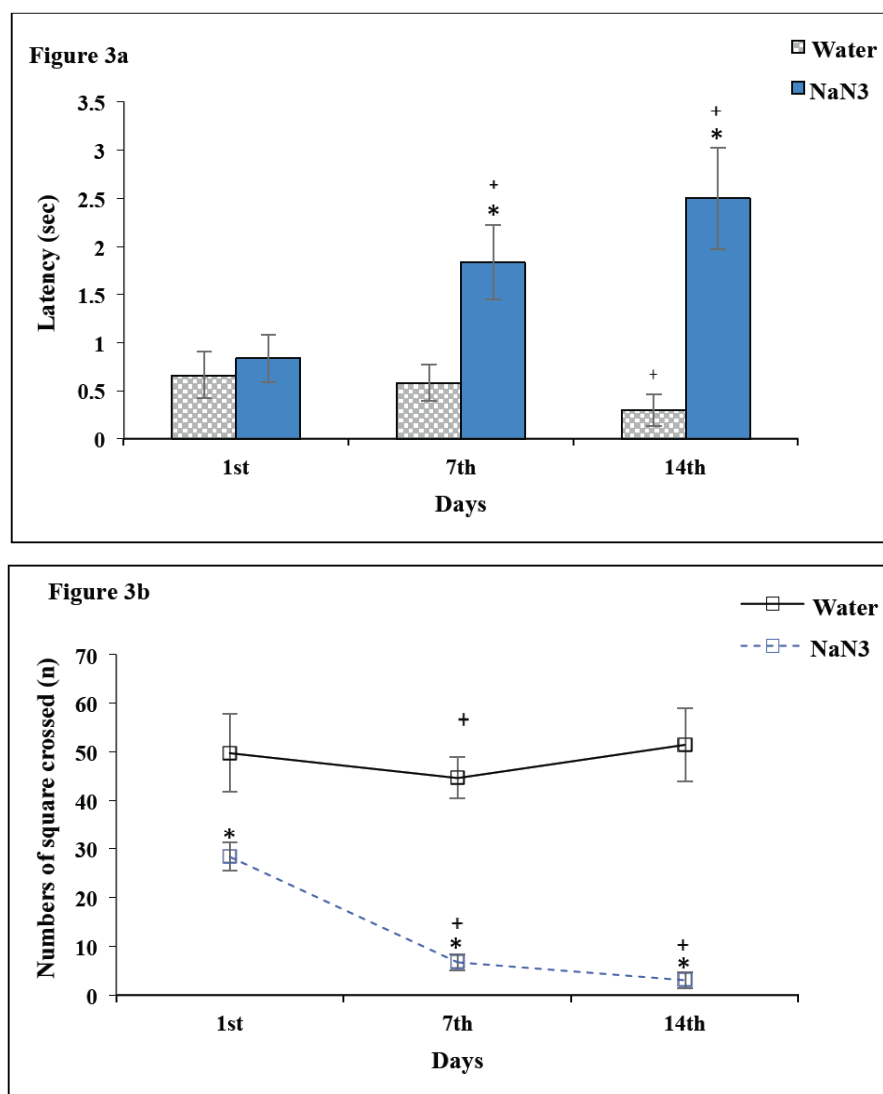


Figure 3: Effects of Sodium Azide (NaN₃) induced oxidative stress on anxiety and locomotion assessed by Open Field test.

Values are means \pm SD (n=12) as administered post 24 hours of NaN₃ treatment. Significant differences by Newman-Keul's test: groups that differ significantly from respective water controls *p<0.01; + p<0.01 from similar drug administered groups that significantly differ from 1st administration following two way ANOVA (repeated measure design).

mg/kg per body weight for two weeks. Currently, oxidative stress definition is derived from the basic concept of 'antioxidants and oxidants imbalance' [34] to 'pro-oxidants and antioxidants imbalance that is associated with redox circuitry and destructions of macromolecules' [35]. Sodium azide has been extensively used in laboratory, medicine, insecticides, herbicides and antibacterial agents. Recent studies determine the NaN₃ poisoning caused hypotensive effects that are due to its vasodilator effects [36, 37]. Sodium azide is known to cause excitotoxicity and degeneration by increasing the mitochondrial membrane permeability via lipid peroxidation [38] that leads to mitochondrial Ca⁺² and H₂O₂ production increasing the Ca⁺² levels i.e. ROS dependent calcium production [39].

Figure 1a and 1b determined the oxidative stress induced anxiety and stress in light dark test. Light/dark box is used for evaluating rodent's natural aversive behavior to bright area preferring darker one. Studies determined this aversive behavior as rats that were treated with anxiogenic treatments did not explore light box but prefer to enter inside dark compartment and remain immobile and tend to freeze for test sessions [40]. Two parameters were selected including entries in light compartment and time spent while exploring illuminated transparent box of light dark transition paradigm. Significant decrease in entries were observed in sodium azide administered test animals in 14 days with lesser time spent in light box indicating anxiety and stress due to oxidative stress caused by sodium azide treatment whereas, controls were less

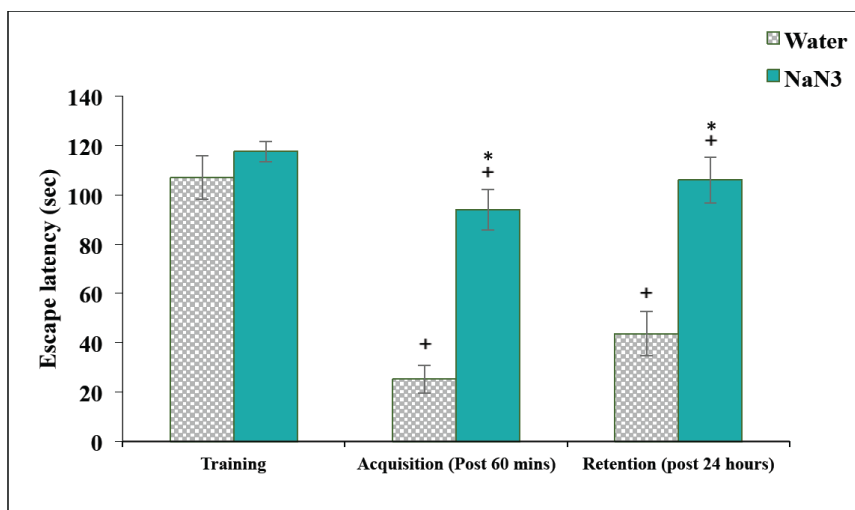


Figure 4: Effects of Sodium Azide (NaN3) induced oxidative stress on memory and learning assessed by Morris water Maze.

Values are means \pm SD (n=12) as administered post 24 hours of NaN3 treatment. Significant differences by Newman-Keul's test: groups that differ significantly from respective water controls * $p < 0.01$; + $p < 0.01$ from similar drug treated groups that significantly differ from training session following two way ANOVA (repeated measure design).

stressed and increased numbers of entries and time spent is observed in water control after 7th and 14th observations exploring light compartment due to non-oxidative brain conditions.

Elevated plus maze in Figure 2a and 2b explains the anxiogenic and stressed behavior in test animals that were treated with sodium azide regularly for two weeks. Elevated plus maze test with two unopened arms were designed to determine avoidance and fear in rodents [41, 42]. Anxiety like symptoms induced substances that cause reduced open arms entries with increased time spent in closed arms [31]. Decreased numbers of entries and time spent in open arms were observed in test animals that reveal the brain oxidative state causing anxiety and stress that inhibits the animal from entering and discovering open lit area. While, controls animals spent more time in open arms with higher number of entries due to non-oxidative state of brain.

Figure 3a and 3b described the oxidative stress induced locomotive and exploring effects assessed in open field arena in test animals treated with sodium azide daily. Hall in 1934 introduced open field as a measuring tool for rats emotions considering that a rat having high emotions did not explore and move around frequently compared to rat having less emotions [43]. All animals that were administered with sodium azide increased latency after 7th and 14th administration significantly with less numbers of square crossed whereas, controls exhibited decreased latency and more box crossed after weekly observations. This

behavior indicates the oxidative stress induced behavioral deficits in test animals.

Figure 4 reveals the impairment in memory and learning in animals that were treated with sodium azide in Morris water maze. In 1984, Morris described procedures and specifics for monitoring various forms of memory and cognition [44]. Animals produced decreased leaning acquisition after 60mins with deficit memory retention after 24 hours session indicating diminishing memory and learning capabilities in test animals whereas, control that were administered with water only revel increased learning and memory retention.

CONCLUSION

In conclusion, our study demonstrated that repetitive sodium azide treatment can induce oxidative stress that leads to behavioral deficits and psychopathologies. Further investigations should be carried out for sodium azide damages in brain regions and its treatment.

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