Evaluation of Diuretic Activity of Isatin Derivatives in Wistar Rats

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Abstract: In the present studies we have synthesized ten derivatives of novel isatin-3- $[N^2-(2-benzalaminothiazol-4-yl)]hydrazone and characterized by the help of physical and spectral data. The selected male Wistar albino rats were divided into different groups: control, urea (1 g/kg), furosemide (5 mg/kg), of isatin derivatives ($ **Ia-Ij**, 10 and 100 mg/kg) treated groups. All the drugs were administered orally and animals were pretreated with normal saline (25 ml/kg) before start the experiment. The urine volume (in ml) and content of Na⁺, K⁺ & ⁻Cl were measured in the urine of rats at 5th hour. The volume of urine output increased significantly (p<0.05) in urea, furosemide and also isatin derivatives treated groups when compared with control groups. The diuretic activity of isatin derivatives were exhibited moderated to less when compared with control group. Based on the results the isatin derivatives show hypernatremic, hypercholermic and hyperkalemic diuretics as conventional diuretics (furosemide).

Keywords: Isatin hydrazones, diuretic activity, hypernatremic, hypercholermic and hyperkalemic.

1. INTRODUCTION

Diuretics are the substances causing an increased production of urine in an organism thus decreasing the fluid volume in its tissues and increase the rate of urine flow, sodium excretion and are used to adjust the volume and composition of body fluids in a variety of clinical situations. Most diuretics increase urine volume by inhibiting the reabsorption of sodium and chloride ions in the renal tubule; they also modify renal handling of potassium, calcium, magnesium and aureate. Druginduced diuresis is beneficial in many life threatening disease conditions such as congestive heart failure, nephritic syndrome, cirrhosis. renal failure. hypertension, and pregnancy toxaemi [1]. Schappert reported more than 45 million peoples treated by diuretic alone in cardiac patients [2]. Diuretics can also be helpful in diluting the ion contents of the urine, leading to reduction in the super saturation of stone forming ions and also help in expulsion of crystals, thus preventing recurrent renal stones [3]. Two widely used diuretics, namely hydrochlorothiazide and furosemide have been associated with a number of adverse effects, such as, electrolyte imbalance, metabolic alterations, development of new-onset diabetes, activation of the rennin-angiotensin-neuroendocrine systems and impairment of sexual function [4, 5]. Recently developed new genetic target for diuretic therapy in patients with fluid overload like those with congestive heart failure, liver cirrhosis or kidney failure were identified by university of Cincinnati researchers

and this helped for patients who have resistance to diuretic therapy and it lead to first new diuretic therapy in 25 years [6]. Diuretic use is associated with better learning and memory in older adults in the Ginkgo evaluation of memory study. In this study potassiumsparing diuretic use was associated with better verbal learning and memory measured by California Verbal Learning Test as compared with no antihypertensive medication users and other antihypertensive medication users [7].

Isatin and its derivatives are widely used for the synthesis of different heterocyclic compounds, amongst which a great number of drug candidates have been found. The variety of applications of isatin derivatives is due to their extremely wide range of biological activities. Isatin is an endogenous indole present in mammalian tissues and fluids [8] and it is also distributed in rat brain and other tissues the highest concentrations in the brain are found in the hippocampus and cerebellum [9]. Isatin derivative had wide range of biological activities like antimicrobial [10], anti-tuberculosis [11], anthelmimtic [12], antioxidant, antiatherogenic [13], anti-proliferative [14], anti-tumor [15], antiepileptic [16], anti-inflammatory, analgesic, antipyretic [17] and diuretic activity [18] respectively. From the above literature, we synthesized novel derivatives of isatin and were screened for their diuretic activity on Wistar albino rats.

2. MATERIALS AND METHODS

2.1. Chemicals and Drugs

Carboxy methyl cellulose (CMC) was purchased from S.D. Fine, Mumbai, India. Urea procured from

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Sisco Research laboratories Pvt Ltd., Mumbai, India. Furosemide was obtained from Sigma-Aldrich chemicals Pvt Ltd., Mumbai, India.

2.2. Synthesis of Isatin Derivatives

2.2.1. General Procedure for Synthesis of Isatin Hydrazones [19]

2.2.2. General Procedure for Synthesis of Isatin-3-[N²-(chloroacetyl)]hydrazones [20]

2.2.3. General Procedure for Synthesis of Isatin-3-[N²-(2-aminothiazol-4-yl)]hydrazones [21]

2.2.4. Synthesis of Isatin-3-[N²-(2-benzalaminothiazol-4-yl)]hydrzones

A solution of an appropriate isatin-3- $[N^2-(2-aminothiazol-4-yl)]$ hydrazone (0.01 mol) in ethanol (60 ml) added 2-3 drops of glacial acetic acid and various aromatic aldehyes (0.01 mol), the reaction mixture were heated at refluxed for about 8-10 hr. Completion of the reaction was monitored by TLC. Solvent present in the reaction mixture was evaporated under vacuum and the solid was collected and washed with cold petroleum ether, further purified by recrystallization from suitable solvent.

2.3. Experimental Animals

In this study Male Wistar albino rats (150-180 gm) were selected and procured from Mahaveer enterprises, Hyderabad, India. All animals were maintained under environmentally controlled conditions of 25±2 °C, relative humidity of 45 to 55 % and 12 hr light-12 hr dark cycle. The animals were acclimatized to laboratory conditions at least one week before starting the experiment and they had free access to food and water *ad labitum*. The study protocol was approved by Institutional Animal Ethics Committee (IAEC NO: 1047/ac/07/CPCSEA).

2.4. Experimental Procedure

Selected animals were divided into different groups (n=6). All the animals received normal saline (25 ml/kg, b.w) orally, before starting the experiment. The first group was control group and received 0.1 % sodium CMC, second group received Urea (1 g/kg), third group received standard (furosemide, 5 mg/kg) and remaining groups were treated with test compounds (**Ia-Ij**, 10 and 100 mg/kg, *p.o*). Immediately after administration of the drugs, rats were individually placed in metabolic cages with total withdrawal of food and water *ad libitum*. The volume of urine is collected from individual animal at 5th hr [22, 23]. The urine volume (ml) was measured and

assayed for Na⁺, K⁺ and ⁻Cl concentrations [24-26]. The Na⁺ and K⁺ were measured by a flame photometric method (Chemito 1020) while ⁻Cl concentration was determined by titration with silver nitrate solution (N/50) using 3 drops of 5% potassium chromate solution as an indicator [27]. The instrument was calibrated with standard solutions containing different concentrations of sodium and potassium [28].

2.5. Measurement of Urinary Excretion, Diuretic Activity and Diuretic Action [29, 30]

The urinary excretion, diuretic activity and diuretic action of the control, urea, furosemide and isatin derivatives (**Ia-Ij**) treated groups were calculated from the following equations:

Urinary Excretion = Total Urinary output (Vo)/Total liquid administrered (V1) X 100

Diuretic Action = U.E.in test group (UEt)/U.E.in control group (UEc)

Diuretic Activity = Diuretic action of drug (DAt)/Diuretic action of urea (DAu)

2.6. Evaluation of Natriuretic, Saluretic and Carbonic Anhydrase Inhibition

For natriuretic activity the ratio of Na^+/K^+ was calculated. The sum of Na^+ and ^-CI excretion was calculated as a parameter of saluretic activity. For estimation of carbonic anhydrase enzyme inhibition the ratio of $^-CI/Na^+ + K^+$ was calculated [31].

2.7. Evaluation of Diuretic Index and Electrolytic Excretion Index

The diuretic and electrolyte excretion index of the all treated groups were calculated from test group and control group [32].

2.8. Statistical Analysis

Results were expressed as Mean \pm SD, statistical significance was calculated by applying one way ANOVA. P<0.05 was considered as significant (Newman-Keuls multiple comparison test).

3. RESULTS

3.1. Synthesis of Isatin-3-[*N*²(2-benzalaminothiazol-4-yl)]hydrazones

The isatin-3-[N^2 -(2-benzalaminothiazol-4-yl)] hydrazones have been synthesized by the following sequence of chemical reactions. The respective isatins were reacts with 99% hydrazine hydrate offered the hydrazones. The isatin-3- $[N^2$ -(chloroacetyl)] isatin hydrazones were prepared by a reaction of respective isatin hydrazones with chloroacetyl chloride. Condensation of chloroacetyl derivatives of isatin hydrazones with thiourea in absolute ethanol given isatin-3- $[N^2-(2-aminothiazol-4-yl)]$ hydrazone. Finally the title compounds prepared by respective isatin aminothiazolyl hydrazone were condensed with different aromatic aldehydes. However, intermediates and final compounds have been further purified by recrystallization from appropriate solvents(s) and characterized by their physical and spectral data. The representative compound in the series la [isatin-3- $[N^2$ -(2-benzalaminothiazol-4-yl)]hydrazones] was characterized by their spectral data. ¹H NMR spectrum $(DMSO-d_6, \delta, ppm)$ at 10.94 (s, 1H, lactam), 8.67 (s, 1H, NNH), 7.91 - 8.07 (m, 9H, Ar-H), 7.47 (s, 1H, N=CH), 6.97 (s, 1H, thiazole-H). Mass spectrum, m/z: 347.7 (7%), 272.7 (100%) and 244.7 (25%). The details of isatin derivatives were given in Table 1.

3.2. Effects on Urine Output and Diuretic Activity

Urea, furosemide and isatin derivatives with both doses (Ib, Id, If, Ih and Ij) increase the urine output significantly (p<0.001) when compared with control group. The remaining isatin derivatives (le, li, la, lc and Iq) also increase the urine output, but low dose (10mg/kg) of the following derivatives like (le and li) and (la, lc and lg) shows significant urinary excretion (p<0.01, p<0.05) respectively and with high dose (100mg/kg) will show the significant effect (p<0.001) when compared with control group. The high dose effectively excretes more volume of urine when compared to control group. From the above results isatin derivatives Ij and Ib showed maximum diuretic activity at both doses (10 &100 mg/kg) and other derivatives (If and Ih) with 100 mg/kg show maximum diuretic activity, with 10 mg/kg show moderate activity. The diuretic activity of a drug is considered to be good if it is above 1.50, moderate if it is within 1.00-1.50, little if it is between 0.72-1.00 and nil if it is less than 0.72.In this respect few isatin derivative (la, lc and lg) showed nil diuretic activity at both dose levels and rest of the

Table 1: Physical Data of Isatin-3-[N²-(2-benzalaminothiazol-4-yl)]hydrazones



Compound	R	R ¹	R ²	MF	MW
la	Н	Н	Н	C ₁₈ H ₁₃ N ₅ OS	347
lb	Н	CI	Н	C ₁₈ H ₁₂ CIN ₅ OS	381
lc	Н	N(CH ₃) ₂	Н	$C_{20}H_{18}N_6OS$	390
ld	Н	ОН	OCH ₃	$C_{19}H_{15}N_5O_3S$	393
le	5-CH ₃	CI	Н	$C_{19}H_{14}CIN_5OS$	395
lf	5-CH ₃	ОН	OCH ₃	$C_{20}H_{17}N_5O_3S$	407
lg	5-CH ₃	Н	Н	$C_{19}H_{15}N_5OS$	361
lh	5-CI	ОН	OCH ₃	DCH ₃ C ₁₉ H ₁₄ CIN ₅ O ₃ S	
li	5-CI	CI	н	$C_{18}H_{11}CI_2N_5OS$	416
lj	5-NO ₂	ОН	OCH ₃	$C_{19}H_{14}N_6O_5S$	438

Treatment	Dose (mg/kg)	Volume of Urine (ml)	Urinary Excretion (Vo/V1) X 100	Diuretic action UE _t /UE _c	Diuretic Activity DA _t /DA _u	
Control	25 ml of 0.9%NaCl	0.72±0.16	18.41			
Urea	1g./kg	1.40±0.18 ^{***}	35.00	1.90		
Furosemide	5	2.52±0.14	64.61	3.50	1.84	
•-	10	0.95±0.03	22.61	1.22	0.64	
la —	100	1.00±0.02**	25.00	1.35	0.71	
	10	1.86±0.16	53.14	2.88	1.51	
lb	100	2.12±0.02	55.78	3.03	1.59	
	10	0.98±0.02 [*]	21.77	1.18	0.62	
lc	100	1.02±0.02**	24.28	1.31	0.69	
ld	10	1.80±0.03	45.00	2.44	1.28	
	100	2.00±0.16	52.63	2.85	1.50	
le	10	1.05±0.02 ^{**}	25.00	1.35	0.71	
le	100	1.68±0.02	43.07	2.33	1.23	
lf	10	1.80±0.03	51.42	2.79	1.47	
	100	2.04±0.15	56.66	3.07	1.62	
le.	10	0.95±0.19	21.11	1.14	0.60	
lg	100	0.99±0.02 ^{**}	23.02	1.25	0.65	
	10	1.82±0.02***	47.89	2.60	1.36	
lh —	100	2.06±0.18***	54.21	2.94	1.54	
	10	1.02±0.02**	23.72	1.28	0.67	
li –	100	1.59±0.04	39.75	2.15	1.13	
	10	1.90±0.04	54.28	2.94	1.55	
lj —	100	2.18±0.02***	58.91	3.20	1.68	

Table 2:	Dose Response Diuretic Activit	of Isatin Derivatives in Normal Rats at 5	th hour by Oral Administration
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Values are expressed as mean \pm SD (Number of animals, n=6); V₀= Total urinary output; V₁= Total fluid input; UEt = Urinary excretion in test group; UEc = Urinary excretion in control group; DAt = Diuretic action of the test sample; DAu = Diuretic action of the Urea; *, ** and *** indicates (*) p<0.05, (**) p<0.01 and (***) p<0.01vs.control(Newman-Keuls multiple comparison test).

derivatives (**Id**, **Ie** and **Ii**) showed moderate diuretic activity (Table 2).

3.3. Effects on Electrolyte Excretion

The diuretic responses with its electrolyte excretion potency of the isatin derivatives were highly moderate in comparison with control animals. The isatin derivatives at doses of 10 and 100 mg/kg showed increase in Na⁺, ⁻Cl excretion, accompanied by the excretion of K+. The 10 and 100 mg/kg doses of the following derivatives (**Ij**, **Ib**, **Ih**, **Id** and **If**) enhance significantly the urinary excretion of sodium (p<0.001), potassium (p<0.001), chloride (p<0.001) and few derivatives (**Ie** and **Ii**) show significant (p<0.01, p<0.001) increase in excretion of electrolytes and remaining derivatives (**Ia**, **Ic** and **Ig**) also show significant effect (p<0.05, p<0.01) compared with control group.

3.4. Effects on Natriuretic, Saluretic and Carbonic Anhydrase Inhibition (CAI)

Table **3** shows the natriuretic, saluretic and CAI activity after oral administration of isatin derivatives, urea, furosemide and control groups. All the isatin derivatives at both doses (10 and 100 mg/kg) showed marked saluretic, natriuretic and CAI activity comparable to controlgroup. The natriuretic ratio values > 2 indicate favorable natriuretic activity. With decreasing the CAI ratio values <0.8 slight to strong CAI activity could assumed [33]. From the above results it can be suggested that the isatin derivatives (**Ib, le, If, Ih, Ii** and **Ij**) are an effective hypernatremic,

 Table 3: Electrolytes Excretion (mMol/L), Saliuretic, Natriuretic and CAI Activity of Extract of Isatin Derivatives in Normal Rats at 5th hour by Oral Administration

Treatment	Dose(mg/kg)	Na⁺ + [−] Cl	Na⁺ / K⁺	[−] Cl / Na ⁺ + K ⁺	
Control	25 ml of 0.9%Nacl	226.90±1.73	2.55±0.05	0.552±0.01	
Urea	1g/kg	241.65±3.08	2.42±0.06***	0.545±0.02	
Furosemide	5	357.30±3.47 ***	2.23±0.02***	0.480±0.02***	
	10	232.45±2.89 [*]	2.45±0.04 ^{**}	0.546±0.03	
la –	100	233.40±3.18	2.43±0.04 ***	0.543±0.02	
	10	297.59±4.07 ***	2.41±0.02***	0.471±0.01	
lb	100	333.51±3.38 ***	2.23±0.03 ***	0.471±0.01	
	10	232.80±3.10 ⁺	2.44±0.02***	0.545±0.01	
lc	100	233.71±2.98	2.42±0.03***	0.543±0.01	
ld	10	239.40±3.15	2.22±0.03 ***	0.537±0.01	
	100	274.33±3.25 ***	2.04±0.04 ***	0.530±0.02	
_	10	233.90±3.04	2.43±0.02***	0.542±0.03	
le	100	253.87±3.20 ^{***}	2.44±0.03 ***	0.548±0.02	
	10	276.27±3.21 ***	2.84±0.03***	0.493±0.02 ^{***}	
lf	100	315.57±3.13	2.34±0.05	0.493±0.01 ^{***}	
	10	231.93±2.95 [*]	2.46±0.06	0.545±0.03	
lg	100	233.65±3.13 ^{**}	2.43±0.04 ^{**}	0.546±0.01	
	10	285.60±3.35	2.44±0.02***	0.481±0.01	
lh –	100	321.42±2.74 ***	2.23±0.01***	0.505±0.03	
	10	234.23±2.79 ^{**}	2.44±0.02***	0.547±0.04	
li –	100	244.46±3.43	2.35±0.02***	0.557±0.03	
	10	317.90±3.67 ***	2.51±0.03	0.484±0.01 ^{***}	
lj —	100	345.19±2.68 ***	2.26±0.02***	0.471±0.02 ^{***}	

Values are expressed as mean ± SD (Number of animals, n=6), *, ** and *** indicates not significance, (*) p<0.05, (**)p<0.01 and (***) p<0.001vs.control (Newman-Keuls multiple comparison test).

hypercholerimic and hyperkalemic diuretics which supports the claim about the isatin derivatives being used as a potent diuretics.

3.5. Evaluation of Diuretic Index and Electrolytic Excretion Index

Table **4** shows the diuretic and electrolyte index $(Na^+, K^+, {}^-Cl)$ of all the groups. All the treated groups show the higher diuretic and electrolyte index compared with control group.

4. DISCUSSION

Diuretics relieve pulmonary congestion and peripheral edema. These agents are useful in reducing the syndrome of volume overload, including orthopnea and paroxysmal nocturnal dyspnoea. They increase plasma volume and subsequently venous return to the heart. This decreases cardiac work load, oxygen demand and plasma volume, thus decreasing blood pressure. Thus diuretics play an important role in hypertensive patients. Diuretics are modulating the volume and composition of body fluids in variety of clinical conditions like hypertension, heart failure and cirrhosis. Diuretics alone or in combination with other antihypertensive drugs are considered to be more effective than the calcium channel blockers and angiotensin converting enzymes inhibitors as the first line treatment of hypertension. It also helps in the prevention of one or more forms of cardiovascular diseases in high risk patients with hypertension[34]. The seventh report guidelines issued in the United States by the Joint National Committee on prevention, evaluation, and treatment of high blood pressure, and England and Wales, the National Institute for Health and Clinical Excellence guidelines recommend the use of low dose diuretics as first line pharmacological treatment for high blood pressure [34]. The diuretic

Treatment	Dose(mg/kg)	Diuretic index	Na⁺	K⁺	Cľ	
Control	25 ml of 0.9% NaCl	1.00	1.00	1.00	1.00	
Urea	1 g/kg	1.94	1.06	1.12	1.06	
Furosemide	5	3.50	1.64	1.88	1.48	
	10	1.31	1.02	1.06	1.02	
la	100	1.38	1.02	1.08	1.02	
	10	2.58	1.38	1.47	1.20	
lb	100	2.94	1.54	1.76	1.37	
le.	10	1.36	1.02	1.07	1.02	
lc	100	1.41	1.03	1.08	1.02	
ld	10	2.50	1.04	1.20	1.06	
	100	2.77	1.13	1.20	1.31	
1.	10	1.50	1.03	1.08	1.02	
le	100	2.33	1.11	1.16	1.12	
14	10	2.50	1.29	1.16	1.12	
lf	100	2.83	1.44	1.57	1.32	
1-	10	1.31	1.02	1.06	1.02	
lg	100	1.37	1.02	1.07	1.03	
11.	10	2.52	1.32	1.38	1.17	
lh	100	2.86	1.44	1.65	1.37	
1:	10	1.41	1.03	1.08	1.03	
li	100	2.20	1.06	1.15	1.09	
1	10	2.63	1.47	1.50	1.30	
lj	100	3.02	1.60	1.81	1.41	

Table 4:	Effect of Isatin	Derivatives or	Urine	Output	Index	and	Electrolytic	Excretion	Index	in 5 ^m	hour of	Urine
	Collection											

Diuretic index, urine volume of test group/urine volume of control group; Na+ index, sodium excretion in test group/sodium excretion in control group; K+ index, potassium excretion in test group/potassium excretion in control group; CI- index, chloride excretion in test group/chloride excretion incontrol group.

therapy is also useful in the treatment of edema, hypocalcaemia, hepercalceuria, diabetes insipidus andacute renal failure [35]. In the present study all the isatin derivatives (la-lj) show increase the excretion of urine output over a period of 5 hr. From the above result significant difference in urinary excretion followed by diuretic action and diuretic activity was observed. All isatin derivatives shows good to little diuretic activity and only these three derivatives (la, lc and lg) show nil diuretic activity but they also increased the excretion of Na⁺, ⁻Cl accompanied with K⁺ significantly as compared to control. Furosemide acts by inhibiting electrolyte reabsorption in the thick ascending limb of loop of henle [36]. The increased excretion of urine output indicated by isatin derivatives and furosemide were statistically significant compared with control. After the administration of different doses of test compounds the high dose produced highest urine volume ,electrolyte output and the low dose produce significant urine output, electrolyte excretion but was less when compared with furosemide and more or less similar to

that of urea. The isatin derivatives contain different substitutions at 5th position (NO₂, CI, CH₃ and H) because of these substitutions of bromo and nitro group in the 5th position of isatin increased the activity due to increased lipophilicity [37]. From this observation our isatin derivatives also possess good activity. From the reported data in the present work indicates that isatin derivatives showed good to nil diuretic activity in comparison with control and we observed that our derivative is an effective hypernatremic, hypercholermic and hyperkalemic diuretics which are similar to conventional diuretics. From the observations isatin derivatives had similar diuretic spectrum to the furosemide.

5. CONCLUSION

The present work indicated that isatin derivatives showed good diuretic activity. From the above result we observed that the isatin derivatives showed hypernatremic, hypercholerimic and hyperkalemic, natriuretic, saluretic and CAI activity which is similar to the diuretic spectrum of furosemide. However, a detailed study is required to know the mechanism of action of the potent molecules.

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